

ALAMEDA COUNTY LEGAL SECRETARIES ASSOCIATION

INVITE YOU TO JOIN US FOR OUR DINNER AND PROGRAM

THE
BLUEPRINT...



Speaker

Tamara Wiggins Steele

Tamara Wiggins Steele is founder and CEO of New Heights Company, an [Executive Coaching](#) and [Management Training](#) company. Her passion is to motivate, inspire, educate and empower the lives of individuals, one by one, to become their personal best. Tamara says, "My success in life is measured by the visible transformation in the lives of my clients, after having coached them to achieve their 'personal best'."

In addition, she has over 20 years of combined business and legal experience, which has enabled her to gain strong communication, negotiation and interpersonal skills, applicable to her Executive Coaching business.

Membership: You all know the benefits of being a member of Alameda County Legal Secretaries Association. Do your friends and colleagues? Bring them to this meeting and introduce them to your fellow members and share with them the benefits of membership in both ACLSA and LSI. It's up to all of us and we all need to be contagious and spread the word.

<u>Date & Time</u>	<u>Location</u>	<u>Cost</u>
Tuesday, February 2, 2010 6:00 p.m. – 9:00 p.m.	Buttercup Kitchen 229 Broadway Oakland, CA	\$25.00 per person [All No-Shows will be charged for their meal.]

Entrée Options

[Beverage, bread, and dessert are included with your entree]

1. Grilled Chicken Tostada - flour tortilla shell with grilled chicken, beans, shredded lettuce, Jack & Cheddar cheese, guacamole, sour cream, diced tomatoes & green onions
2. Avocado Melt Sandwich - sliced avocado & melted Jack cheese on grilled sourdough with mushrooms, tomatoes & Thousand Island dressing, served with spinach salad
3. Penne Pasta with Italian Sausage - in creamy marinara wine sauce, served with soup of the day or salad (please specify dressing).
4. Fish 'n Chips - Lightly battered fresh fish fried golden brown with cole slaw, french fries & malt vinegar

RESERVATIONS REQUIRED: Please submit your reservation to bwai@esquiresolutions.com as soon as possible, but no later than January 29, 2010. Please contact [Brandon Wai](#) via e-mail or at (415) 591-3333 with any RSVP questions.

TRANSPORTATION OPTIONS: If commuting from San Francisco, the ferry is a great option. Get off at Jack London Square and walk about three-four blocks up Broadway. If on BART, the 12th St. BART station is closest, but still about an eight (8) block walk. Free parking is available if driving.